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Local nurse practitioner receives superior statewide award

Chesterfield, VA – Kristin Andrs, Integrative Nurse Practitioner and Owner of Andrs Wellness Consulting, was the recipient of the Virginia Council of Nurse Practitioner's 2014 Distinguished NP Award. This honor recognizes an admirable member of the council who has demonstrated excellence in clinical practice, research, leadership, and contributions to the VCNP at local and state levels. Andrs was nominated by Cynthia Fagan, a fellow nurse practitioner.

"Kristin's distinguished contributions as expert clinician in allopathic and integrative medicine, leader, educator, clinical preceptor and researcher are exemplary and worthy of recognition," Fagan said in a recommendation letter to the awards committee. "Her contributions have positively impacted the nurse practitioner role and profession and she is deserving of the statewide recognition and honor of the VCNP Distinguished Nurse Practitioner Award."

Andrs has been practicing nursing for more than 20 years and has been a Nurse Practitioner since graduating Virginia Commonwealth University's Master's program in 2000. She is a Board-Certified Acute Care Nurse Practitioner, Certified Diabetes Educator, and Board-Certified in Advanced Diabetes Management. Andrs graduated from the University of Arizona's Integrative Medicine Fellowship Program in 2012 and completed a wellness coaching program and medical herbalism program through local educational centers. Additionally she is a member of the American Herbalist Guild and the American Botanical Council.

"I am very honored to receive this prestigious award," Andrs said. "It means so much that my colleagues all over the state felt that I deserved this award. I would like to thank all of them, as well as my friends and family, who have been supportive of me opening my wellness consulting practice. Wellness through natural medicine is my passion and opening this practice has been a dream come true. Then, to be honored by the VCNP is like icing on the cake."

In 2011 Andrs was also the recipient of the Advanced Practice Internal Expert Consultant Award for the VCU Medical Center. She lectures for the Virginia Commonwealth University School of Nursing and Medicine, the Virginia Council of Nurse Practitioners, and at various local events.

For more information about Kristin and Andrs Wellness Consulting visit www.andrswellnessconsulting.com or call 804-796-9333.