

testimonials

"We greatly appreciate all that you did to help us have as natural a delivery as possible. We believe that you kept us from having a C-section" K. R., Georgia

"I would not know my daughter as I do now without your help...we thank you from our hearts" A, J, & V, Georgia

"Thank-you for all of your help. It has made a world of difference for us and our baby's future as a healthy, breastfed baby" L. family, Georgia

"Your knowledge and patience made everything much easier. Thank-you" M. G., Georgia

Erigo Savannah
5301 Paulsen Street
Savannah, Georgia 31405
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erigo

nurturing expectant and new parents

Erigo is Savannah's own boutique maternity firm specializing in pre-natal and post-natal coaching and consulting. We offer traditional birth classes, breastfeeding consulting, pre and post-natal massage and fitness classes to help nurture expectant and new parents.

about us

Mission: Erigo Savannah strives to provide comprehensive and holistic services to nurture the wellbeing of both mom and baby. We form a realistic and unique approach to parenthood keeping the mother, baby and family at the center of care.

Our Owner: Cate Glyn-Jones, RN, RM, IBCLC, ANLC

Cate Glyn-Jones began her career in Europe as a Registered Nurse (RN) and Registered Midwife (RM) working in many countries across the European continent including Switzerland, France and England. She then emigrated to the United States and continued her diverse career in labor & delivery as well as post-natal & breastfeeding health and education. With 30 years experience, Cate's knowledge proves invaluable in helping expectant and new parents throughout pregnancy and into parenthood.

services

We offer a wide variety of pre-natal and post-natal assistance.

Birthing Classes
Breastfeeding Consultation
Parenting Classes
Sibling Classes
Grandparent Classes

Group Support
Postpartum Care
Home Visits
Exercise Classes
Pre and Post-Natal Massage

Our services are available in groups and individually. Packages are also available.

Call 912-544-6387 for more information and to schedule services. This list is by no means comprehensive. Please contact us with any questions.