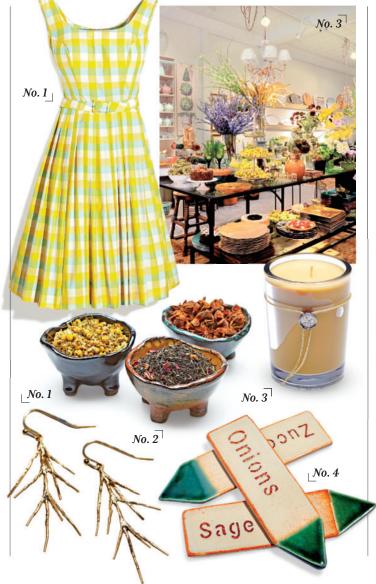
No. 1 WOMEN'S BOUTIQUE

Two University of Mary Washington friends merged their boutique and consignment shops to form FORAGE, a handsome store with a well-edited mix of both current labels and vintage pieces. |.Crew and H&M mingle with designer labels like Yves Saint Laurent and Diane von Furstenberg, as well as accessories from local sources like Honeyluxe Designs earrings (\$48). The collection spans the decades and includes fifties day dresses (\$48), sixties embroidered peasant tops, seventies neon caftans, eighties floral sundresses, and nineties overalls. 540/656-2865

No. 2 SPECIALTY FOOD MARKET

PA Dutch Tea & Spice Company brims with goodies for your pantry. Shop from the hundreds of spices and exotic teas (from \$3) that line the walls. People are also drawn to the collection of various dried herbs, including hibiscus, lemon balm, nettle leaf, and fresh stevia leaves. Next door, sister shop PA Dutch Food & Candy Company satisfies the sweet tooth with old-school candies, organic sweets, local jams, and savory pickles. padutchfood candycompany.com/products.html



No. 3 HOME STORE

Every piece at Whittingham seems plucked from the collection of a seasoned decorator, and it is! Bob Whittingham, a former Cartier display director and magazine stylist, picks items—from Votivo candles (\$26.50) to Ghost chairs—as if they were going in his own home. Ask about the weekly cooking classes themed around culinary greats such as Julia Child. shopwhittingham.com

NO. 4 ARTISAN GALLERY

At PONSHOP Studio, a retail shop-meets-gallery space, artists Gabriel Pons and Scarlett Suhy-Pons sell pieces including fiber bracelets and handmade teapots by local artisans. The owners also put their personal skills to use with functional ceramics like noodle bowls and garden labels (\$4 each). ponshopstudio.com

No. 5 VINTAGE SHOP

Relics of the past resurface at **Hooked** in the form of Polaroid cameras, vintage comic books, turntables, and records. Also for sale is an in-house line of highwaisted jeans and leather bags inspired by eighties and nineties fashion. *becomehooked.com*

SHOPPING BREAK Recharge at **Goolrick's Pharmacy** (goolrickspharmacy.com), the longest-running soda fountain in the country, dating to 1912. Try a cream cheese-and-olive sandwich with a side of deviled eggs, and one of their ice-cream sodas. Eat alfresco at **FOODE** (foodeonline.com), a Virginia-centric restaurant with dishes like shrimp and grits with chorizo from local Olde Towne Butcher.