

# TOUCHING LIVES

**Grace Adult Day Health Care** is a state licensed non-residential facility dedicated to providing health care services for adults who need assistance but do not require 24-hour care.



*Grace Adult Day Health Care offers a wide variety of services and programs to improve a senior's mental and physical health and provide enjoyable social outlets.*

## A COMBINATION OF HEALTH CARE, SPEECH AND PHYSICAL THERAPIES, AND SOCIAL ACTIVITIES FOR ADULTS.

### Who uses adult day care?

Care recipients are individuals who may suffer from physical and cognitive impairment, social isolation, or need assistance with personal care.

### Individual assessments

To customize the services provided, we work with caregivers to determine the level of care required for each participant. This includes an evaluation of physical health, mobility, social, and cognitive abilities.

### Transportation services

Getting to and from GRACE's facility is easy. We offer door-to-door transportation services for your convenience.

### Care as you need it

GRACE's services are available on a regular or sporadic basis depending upon your needs. We are open 7 days a week from 8 a.m. to 9 p.m.

### Licensed Nursing Staff

GRACE's licensed and certified nursing staff manages personal care needs such as medication administration and monitoring, eating, toileting, and walking. Nurses are well-trained to specialize in the care of those with Alzheimer's, Dementia, Parkinson's, and related conditions. Our entire staff is experienced with the challenges of these conditions and treats all of our care recipients with compassion and patience. When a medical emergency occurs, we are well-equipped to respond quickly, safely, and efficiently.

### Activities for the Mind & Body

- Games
- Crafts
- Exercise
- Picnics
- Holiday Celebrations
- Movies
- Sing-a-longs
- Well-stocked Library

### Physical & Speech Therapies, and Rehabilitation

Our trained therapists on site provide speech and physical therapies, rehabilitation, and exercise activities recommended by physicians.

### Dietitian on Staff

All of the menus at GRACE are developed by a registered dietitian and prepared by licensed personnel on the premises. Our meals are nutritious and address the specific needs of our care recipients.

### Who Pays for the Services?

Funding is mostly provided by city run agencies to eligible individuals, private pay is available, or some long-term care insurance policies may provide coverage. Contact us for funding information.