

Doctor On Demand: A Smart Healthcare Option For Moms

By: Regina Sayles



Doctor on Demand is making life easier for busy moms, especially during the treacherous snowstorms we've encountered in the U.S. the past few weeks. If you or your child has a mild illness, Doctor on Demand allows you to meet with a doctor from the comfort of your home or office using live video.

I'm amazed at how much technology can improve our lives and only wished I had this option for my own child well before now. **The convenience of being able to visit with a high quality doctor from anywhere is nothing short of amazing.**

The founders of this service, Dr Phil McGraw (yes from the TV show) and CEO Adam Jackson, have come up with the genius idea of bringing quality healthcare to our homes. With Doctor on Demand, patients are able to have a video visit with board certified physicians, psychologists and lactation consultants virtually on their mobile device or desktop computer.

What is a Doctor on Demand Video Visit?

Doctor on Demand Video

[<https://www.youtube.com/watch?v=6oJzrmia6fQ>]

What are the Benefits of Doctor on Demand?

There are no insurance requirements. If you work with a company that is a self-insured employer, they may offer Doctor on Demand services for free. Check with your employer's human resources department to see if this service is being offered as part of your benefits package.

Great price for quality healthcare. The service is affordable with costs as low as \$40 per visit with a Medical Doctor or \$50 per session with a Psychologist. However, be sure to keep reading for a special offer for my readers.

Convenience of meeting online. The amount of money you can save from not having to drive to the doctor's office or take time off from work makes Doctor on Demand a great option for moms. Doctors are available to answer non-emergency medical questions for ailments such as cold, flu, rashes, allergies, stomach aches, sports injuries, travel health and more. Additionally, lactation consultants are available for new moms experiencing lactation issues and concerns. If you need medication, the doctor can write prescriptions during your video visit that can be sent electronically to your nearest pharmacy.

If you are the doctor, you have the option of working from home. I've shared several posts discussing work-life balance and my beliefs on why its important for working mothers to find that healthy balance between work and home. For those mothers who are licensed medical doctors or psychologists, Doctors on Demand could be an option for you to consider if you wish to spend more time at home with your children without leaving your career behind.

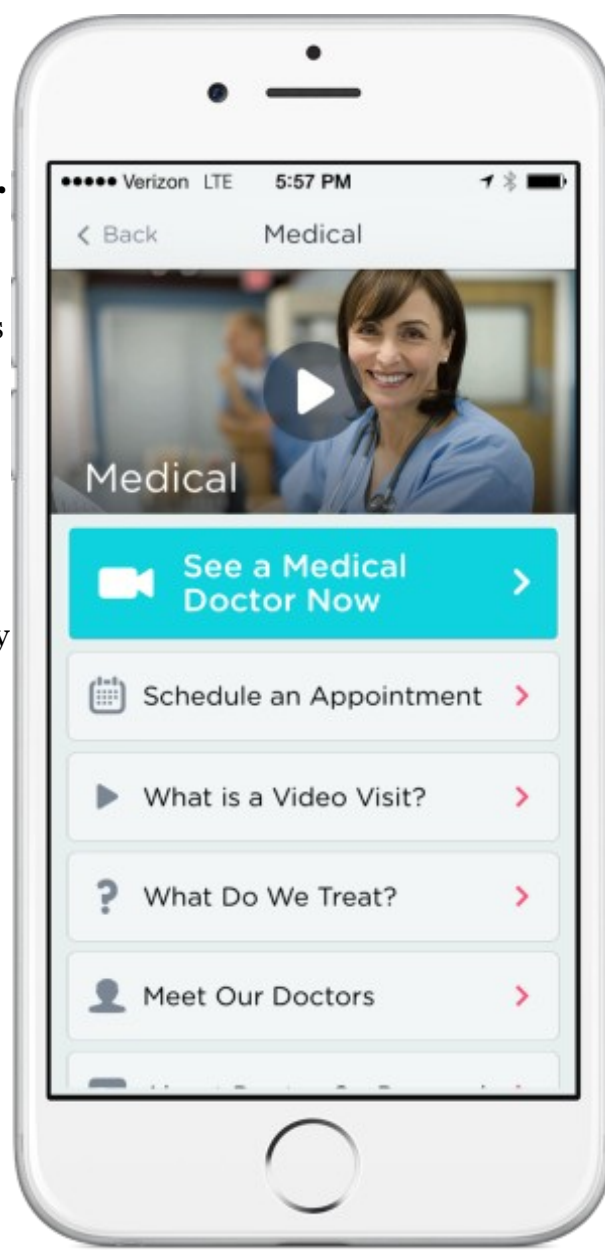
What was My Experience with Doctor on Demand?

Since my son is relatively healthy outside of his chronic conditions (which Doctor on Demand does not treat), I decided to try a routine check-up for myself to test out the services.

Once I created a log-in and provided my symptoms, I was connected to a list of medical professionals in my area. There were only 4-5 doctors listed which I thought was a limited number to choose from but that could be due to my location. I really liked that I was able to read up on each doctors' credentials and areas of expertise prior to scheduling an appointment.

During the visit, the doctor was very personable and thorough in her assessment of my needs. It was clear that she had taken the time to review my symptoms and offer well thought out, professional advice.

The only issues that arose during the visit were technical. Due to the snowstorm, we lost a



connection twice. However, a specialist contacted me within 24 hours to offer another free session.

Customer support also recommended to check my computer's connection speed before each appointment. The requirements for upload speed is at least 1.5 Mbps (megabits per second) and a download speed of 5.0 Mbps or higher. To test your computer's speed you can visit [Speedof.me](https://www.speedof.me).

Overall, I'm thoroughly impressed with the services offered at such a great price and plan to use Doctor on Demand in the future for my family's non-emergency healthcare needs.

How Can You Get Started?

As mentioned, the process is simple. To get started, simply download the Doctor On Demand app on your smartphone or visit www.doctorondemand.com on your desktop. Once you've signed up, you'll need to provide some basic personal information. From there you will be instantly connected to a provider licensed in your state for a video visit.

Before You Go, Grab Your Coupon Code!

[Doctor on Demand](https://www.doctorondemand.com) is currently offering the readers of TheSoloMama.com one FREE video visit with a certified Medical Doctor or Psychologist. To take advantage of this offer simply use coupon code: **SOLO15** to schedule your first visit on their website or app.