

Title

Am I Too Old for Vein Laser Surgery?

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Siragusa Vein and Laser Center discusses what ages are appropriate for vein laser surgery.

Body

Ageism is unfair, but it seems to be quite a widespread notion that people are prone to “falling apart” as they age and that it’s just a normal part of the aging process. Many people (even some general practitioners) wrongly believe that aging individuals should not be concerned about the way their legs look and that they should deal with the way their legs feel, because “that’s just what happens when you get older.” This is definitely not sound advice for anyone, even for people in their 70’s and above.

Why should older Nashville residents refuse to put up with varicose veins?

Aging is one of the most common risk factors for varicose veins, probably because of certain lifestyle choices and the sheer load of work your veins do for you throughout your lifetime. It’s a frequent sight in our office to see older patients who were once avidly active individuals and have suffered with debilitating cases of varicose veins for years. Patients complain to us about the appearance of bulging, bluish leg veins and the way the abnormal veins make them feel, from terrible aches and itchiness, to swelling at the end of the day and restless throbbing legs that can keep them awake at night. This is no way for anyone to live, regardless of age.

Modern medical advances allow patients of all ages to enjoy the benefits of vein disease treatment in Nashville.

It is a resounding misconception that older people are poor candidates for most surgical procedures. This belief springs from statistics that show the risk for many conditions and diseases can be more likely to increase with age, and many older individuals have at least one pre-existing condition, such as diabetes or high-blood pressure, that can make going through surgery more risky—but not impossible.

Modern Nashville vein treatment is minimally invasive, which means that there is much less access needed to treat your veins in these procedures as compared to traditional vein surgery. The benefits of this type of procedure include maximum comfort during and after treatment, no need for heavy sedation or a hospital stay, less risk of surgical complications and no recovery time.

Is vein surgery really that easy?

Vein laser surgery, radiofrequency ablation, ultrasound-guided sclerotherapy and other types of minimally invasive procedures suit a wide variety of patients due to their simplicity and effectiveness. At your visit, you can expect a thorough medical history and physical exam including an ultrasound scan to determine the exact cause of your problem veins. Once Dr. Siragusa confirms a diagnosis, he will discuss treatment options you can live with.

During your procedure in the comfort of our state-of-the-art clinics, we use a powerful local anesthetic to ensure your painless treatment. In less than an hour, your treatment will be complete. Many patients walk right out of the office and experience immediate relief of aches and throbbing and see noticeable improvement in venous appearance in just a few weeks.

As you can see, you don't have to live with uncomfortable or ugly varicose veins anymore—despite your age. Come see Dr. Tif Siragusa to find out if varicose or spider vein treatment in Nashville is right for you. You can reach one of our friendly representatives to make an appointment for a consultation by calling Siragusa Vein and Laser Center at 615-777-0744.

Keywords

Vein laser surgery, vein disease treatment in Nashville, Nashville vein treatment, spider vein treatment in Nashville

Target Keyword

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