

# **New Legs for the New Year!**

**This year, make a resolution with South Florida's premier vascular specialist to improve your leg veins and your life.**

With every New Year comes a chance for new beginnings and hopeful resolutions to take control of health and wellbeing. For most people, lofty goals of finally becoming healthy begin with the best intentions and incredible energy only to fizzle out over the course of a few days or weeks. Lasting change comes in a different way with help from a vein professional. For people suffering from unsightly spider and varicose veins or other unbearable vein problems, the time is now to put your best foot forward to finally correct your vein issues and your life.

Vein disease is all too common in the U.S., affecting nearly half of all men and women over the age 50, but anyone can develop vein issues. Bulging varicose veins and blotchy spider veins can deplete confidence and self-esteem even on a good day. But when disease such as Venous Insufficiency underlies problem veins, the discomfort can be too much to handle, zapping people of maximum health and energy. Diseased veins can also cause worsening side effects from mild aching, tiredness and skin afflictions to debilitating pain and medical emergencies including blood clots. Putting off seeking treatment another year could be too long to wait.

Having healthy legs means spending more time doing the things you enjoy and less time worrying about veins. Many people spend precious time away from their family and friends just to hide their problem veins. Whether you like to spend your free time picnicking with family, rooting on a favorite team with friends or simply enjoying a relaxing stroll in the sand, vein treatment can give back that lost time and make activity more comfortable.

This year, instead of making promises that are impossible to keep, why not make a resolution that lasts? Dr. Metzger is a board-certified Interventional Cardiologist and the ideal choice for spider and varicose vein treatment to improve your health and quality of life.

## **Resolving to Look and Feel Healthier**

Dr. Michael Metzger is a board-certified Interventional Cardiologist and expert in advanced vein care including Vascular Medicine and Endovascular Procedures. Dr. Metzger's patients look forward to a complete assessment including an ultrasound evaluation to accurately detect and diagnose the full range of venous disorders including Venous Insufficiency, the condition behind unpleasant varicose and spider veins. Once the root cause of the condition is pinpointed, Dr. Metzger is able to devise an individualized care plan to his patients. Treatment plans are carefully designed with the patient in mind in order to address specific needs and achieve the patient's best outcome. All procedures and venous

assessments are performed on an outpatient basis in the comfort of his state-of-the-art facilities.

According to Dr. Metzger, "Varicose veins, whether painful or cosmetic, can keep people from enjoying life to its fullest. Treating Venous Insufficiency and other venous concerns allows me to make a lasting impact on the health and outlook of all my patients." To ring in the New Year with a new you, call 561-327-7017 or visit [www.southpalmcardiovascular.com](http://www.southpalmcardiovascular.com).