



Memory
Care

Passionately enriching the lives of seniors!



MIDWEST
SENIOR LIVING

5900 Monona Drive, Suite 206,
Madison, Wisconsin 53716
608.316.1291

www.midwestseniorliving.net



REFLECTIONS
MEMORY CARE

People with Alzheimer's Disease, dementia or other memory impairments face special challenges. So do their families and loved ones.

At Midwest Senior Living, we've taken our years of experience caring for this population and combined it with the latest research and best practices in the field. The result is Reflections Memory Care. Incorporating specialized living environments and individualized therapies, Reflections is designed to bring the greatest quality of life possible to residents and their families.



A special kind of caring



Full Life Plan

Reflections care plans begin with a Life Review. By speaking with family and close friends, our staff members gain insight into each resident's likes and dislikes, their daily routines and favorite pastimes, as well as any important behavioral triggers.

After completing the Life Review, physical assessments and physician reviews, we develop a Full Life Plan that outlines the daily routine, activities and support mechanisms to be put in place for each resident. The plan is fully customized to meet the physical, mental, social, behavioral and spiritual needs of the resident.

Of course, residents' needs can change quickly. At Midwest Senior Living, we always have the staff, resources and capabilities available to address new developments in the lives of our residents.

Experienced & Compassionate Staff

It takes a special kind of person to be part of the Reflections Memory Care team. Our standards are high. And our expectations are even higher.

We hire only patient, supportive individuals who are deeply committed to working with seniors with memory impairments. A complete background check is performed on all potential hires. And we provide full training and ongoing education based on the latest memory care research.

Most important, schedules are designed so the same staff members serve the same residents each day. This consistency creates an important bond that improves quality of life, and helps us quickly detect and address any changes in health status or behavior.

We've Thought of Everything

There's a lot to consider when caring for someone with memory impairment. With Reflections, you can rest easy knowing that our experienced, knowledgeable staff is taking care of everything:

- Assistance with activities of daily living (bathing, dressing, grooming)
- Continence management
- Medication management
- Cueing, reminders & escorts
- Three nutritious, freshly-prepared meals each day
- Snack & beverage service throughout the day
- Housekeeping services and individual laundering of personal items
- Trained staff on-site around the clock
- Monitoring and check-ins throughout the day and evening by licensed nurses
- Registered Nurse on-site up to 40 hours a week and available around the clock

One of the most important things we can do for residents with memory impairments is create a living environment designed with their needs in mind. Reflection's Life Experience Centers, for instance, have all the tools and materials residents need to engage in meaningful, familiar activities that they've participated in over their lifetimes.

Our Relaxation Rooms offer peaceful music, soothing aromas and other stimuli shown to reduce agitation, wandering and other difficult behaviors. Indoor and outdoor gardening areas, craft rooms, hydrotherapy spas and other helpful amenities are also available. Residents can choose between private and shared living suites. And all entries are secured and monitored to keep residents safe.

Life Enrichment Programs

More than just a menu of structured activities, our Life Enrichment Programs are designed to meet the physical, intellectual, spiritual and emotional needs of our residents. We have a dedicated staff to plan, run and maintain our Life Enrichment Programs. And we're constantly refining our offerings based on resident needs. Programs are offered in groups and one-on-one throughout the day and evenings to meet individual needs and requests.



Reflections Memory Care

Reflections Memory Care is designed to be a complete solution for residents with memory impairments and their families. Even our pricing is all-inclusive, meaning no matter how needs change, we'll always be ready to provide the supportive care and services our residents need most.