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cellulite fighters

lotions & creams

vacuum rolling massage

lasers, lights & waves

surgery

HOW TO FIGHT CELLULITE RIGHT

New creams, devices and laser treatments take aim at our least-favorite feature – the lumps and bumps that plague our legs.

No adult woman needs a definition of cellulite. Just look at the tabloids and you'll see the dimply bottoms of everyone from Jerry Hall to J.Lo. Or look down — 85–90 percent of us have some degree of orange-peel skin (aka cottage cheese) on our butts and thighs.

Cellulite is merely superficial fat, a thin layer of padding close to the



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