

well-being

LOOKING AND FEELING GOOD » by Trisha S. McMahon

» Healing on Wall St.

The first luxury spa in the Financial District (FiDi) encompasses 20,000 square feet of space, evokes the mysteries of the Orient and indulges the senses in a refined atmosphere of serenity. The urban oasis offers 10 treatment cocoons, dual Aqua Grottos (eucalyptus steam, Jacuzzi and Finnish sauna), Tea Lounge (serving champagne and truffles) and several therapies to enjoy. » **The Setai Spa Wall Street, 40 Broad St., 3rd. fl., 792-6193**



» **Color Our World** Green is the hot hue at the eco-friendly Liz Russell Salon, which doubles as an Aveda Lifestyle Store. Plant-based hair care is a natural at this airy, Midtown space bedecked with rich wooden accents, beaded wall sconces and slate floors. After your shampoo, surrender to a luxurious scalp and hand massage. And while your vibrant new Aveda hair color develops, check your e-mail or surf the Web at the salon's cozy Internet Bar. » **Liz Russell Aveda Lifestyle Salon, 685 Third Ave., 557-0005**



FACE FRAMERS

Well-shaped brows lift tired eyes. After a session with Ramy, you'll have people wondering if you're dabbling in Botox. Shhh, we'll keep your secret. » **Ramy Spa, 31 E. 31st St., 684-9500**

SCENTS ABILITIES

Wembe's vegan cleansing soaps in coconut and white rose contain ingredients from the Amazon rain forest and look like Cubist works of art. » **Organic Avenue, 116 Suffolk St., 334-4593**

SMILE SAVERS

Red lipstick doesn't flatter stained teeth. But a quick Zoom! lightening treatment will have you smiling all the way to Sephora for a new red tube. » **All Access Dental, 315 W. 57th St., 646-201-9632**



NATURAL COLORS

Thick Skinned?

Treating the complexion to a fabulous facial is for women only, right? Come on, this is the 21st century, and men's supposed "tough" exterior needs just as much TLC as that of the fairer sex. One spa heeding the male call for equal treatment is TriBeCa Medspa, which offers skin care for men wanting to get in touch with their softer side. The Wall Street Facial, a rejuvenating session, includes a facial massage, purifying mask, exfoliation and hydration. » **TriBeCa Medspa, 114 Hudson St., 925-9500**



» **Feed Your Face** Famed dermatologist to the stars, Dr. Erno Laszlo's tradition of impeccable skin care continues with Laszlo Blue Firmarine SPF 30. The firming, mineral rich, hydrating face cream contains algae and vitamins E, C and A. Formulated for skin over 30, the nutrient-rich product encourages collagen production and soothes inflammation.

» **Bergdorf Goodman, 754 Fifth Ave., 753-7300**



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