

This is a promotional letter I wrote for a Yoga business. Connie J. Schlosberg

15 July 2002

Dear Yoga Friends,

In yoga philosophy, it is said that something can bring joy as well as pain. Sometimes, this is a hard concept to understand. I am now able to best explain this joy of sharing with you the promotion Joe has been offered. With this great joy, comes our sadness in having to move from the area. We have loved living here and intended to stay for a very long time.

Unfortunately, I will no longer be available to teach yoga in the Winchester and Berryville vicinities. I will miss all of you. Please know that I am working on finding yoga teachers to take over the classes. This will probably happen come fall. In the mean time, there are two videos most of our classmates enjoy - Yoga for Energy with Rodney Yee and AM/PM Yoga with Rodney Yee & Patricia Walden.

I want to thank you for the privilege of teaching yoga to you. The best part is the wonderful people you meet. I hope I have given you an opportunity to enjoy yoga and the desire to continue. I know I could not survive the changes in life without it.

Remember not to be afraid to try other yoga classes; each teacher has a lot to offer. Many will let you sample a class free. There are some yoga classes available at Valley Health Systems, Gold's Gym, Nataulis, & Alicia Grayson's Classes (540-592-3715).

I look forward to hearing from you. My e-mail address is yoga4you @ aol . If I can ever be of any help, please call me at 540-868-2997. It has been my pleasure instructing you.

*Peace & Joy,
deb*