Newsday > Travel

A Cape Cod escape

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By ALISON LOWENSTEIN Special to Newsday

QUICK SUMMARY Beauty, simple pleasures and seafood in Cape Cod

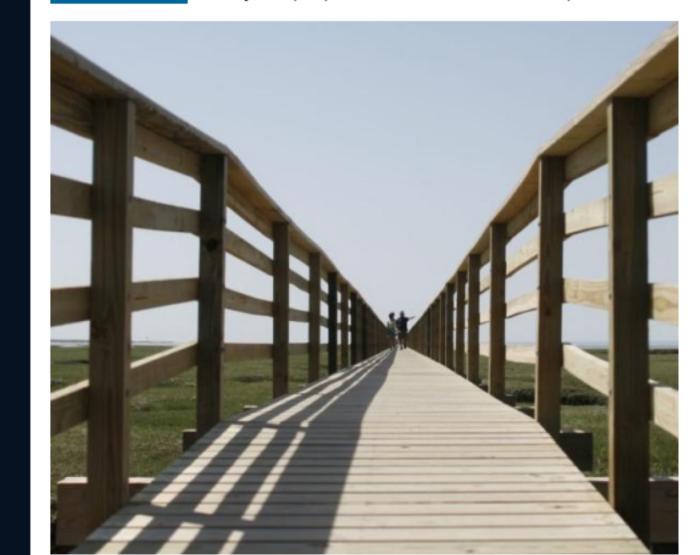
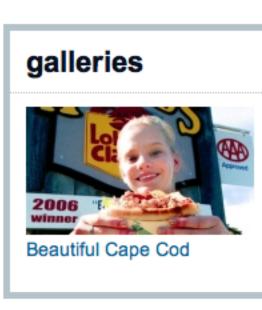


Photo credit: Cape Cod Times / Krista Schinagl | Marge and Dave Scarpata of Pennsylvania walk down the boardwalk at Grays Beach in Yarmouth, Massachusetts.



seafood, Cape Cod is one of America's classic vacation destinations. From a stay at a bed-and-breakfast in the quaint town of Sandwich to the colorful nightlife in Provincetown, the diversity of Cape Cod is what has kept this scenic waterfront area a popular vacation spot for decades. Of course, you can spend the entire week at the beach working on your tan. But there are other diversions - a retro drive-in movie

Known for its beaches, pristine ponds and fresh

theater, extensive bike trails, whale- watching. Cape Cod has its own baseball league - games are low-key and admission is free. For Long Islanders, this stretch of New England coastline is close enough to make it an attractive destination to recharge this summer.

What draws people (and me every summer) to Cape Cod is that it never became overdeveloped.

old-school seafood shacks, resort towns and residential neighborhoods

Unlike other beach communities, there isn't a main boardwalk through each town with carnival-like games or roads filled with fast-food restaurants. Once you cross the Sagamore Bridge and drive

WHY GO

THE TOWNS SANDWICH One of the first towns on the Cape. You can tour the classic salt box-style Hoxie House (\$2-\$3, 508-

888-1173) or take a peaceful stroll through the village - the boardwalk at Town Neck Beach offers

along the 65-mile-long peninsula, you ride along Route 6 or Route 6A, which wind past the many

STAY The historic Dan'l Webster Inn and Spa offers a two-night "Cape Cod" package that includes two breakfasts and one dinner for two, plus admission to local attractions (from \$254 a night, 800-444-3566, danlwebsterinn.com).

HYANNIS

unbeatable views.

When you think of Hyannis, you probably think of the Kennedys. This charming town is home to a carousel, boutiques and many motels. It's also a popular place to get the ferry to Nantucket and Martha's Vineyard.

There is much to do in Hyannis. Learn about the Kennedys at the John F. Kennedy Hyannis

sea Cape Cod Duckmobile (\$17, 508-790-2111, capecodduckmobile.com). For something different, take a free self-guided tour of the Cape Cod Potato Chip Factory (888-881-2447, capecodchips.com). If you are more interested in cars than chips, you must visit the Toad Hall

Museum Foundation (508-790-3077, jfkhyannismuseum.org) or see the sites aboard a land-and-

Classic Car Collection, where you can see more than 50 classic sports cars from Ferraris to Jaguars (\$8, 508-778-4934, toadhallcars.com). Start or end the day at Kalmus Park Beach, which has lifeguards and facilities. STAY Rooms at dog-friendly Simmons Homestead Inn, a bed-and-breakfast, are done in animal themes and the owners are happy to lend guests bikes and fishing gear (from \$200, 800-637-1649,

simmonshomesteadinn.com). CHATHAM/ORLEANS

This area of the Lower Cape has both bay and ocean beaches, an amazing bike trail and a

steps to the top of the Chatham Light (508-430-0628).

favorite, Fleming's Donut Shack (508-255-6551).

lighthouse. With great eats and lovely waterside spots, it's a great place to relax. Top-rated beaches are in Orleans - the popular Nauset Beach is great for those who like ocean waves; calmer waters await at Skaket Beach (\$15 parking, 508-240-3775). Chatham's Main Street has plenty of shops and galleries to stroll through. You can also climb 44

STAY

The family-friendly Weguasett Resort and Golf Club has a highly rated kids' program - and hosts a

The Chatham Bars Inn is a luxury resort that overlooks the water. Guest services include boating,

popular summer jazz festival that's open to the public (from \$195, 508-432-5400, weguassett.com).

chathambarsinn.com). OUTER CAPE

guided beach walks and a Chatham tour in a chauffeured vintage car (from \$295, 508-945-0096,

The Outer Cape is at the peninsula's end. Cyclists will love riding the Cape Cod Rail Trail, a paved 24-mile trail that runs from the Lower Cape town of Dennis to Wellfleet. Take a break at Eastham's popular Arnold's Restaurant for fresh seafood and a game of mini-golf

(508-255-2575, arnoldsrestaurant .com). Early risers get the first pick of doughnuts at the local

Wellfleet is an arty town that's known for galleries and restaurants. Its private beaches and ponds are a big draw, too. Crowds flock to Marconi Beach (\$15 parking) - if you're staying in town, get a weeklong pass that covers most beaches and ponds (but not Marconi) for \$70 (508-349-9818, wellfleetma.org). See a movie from the comfort of your car at the Wellfleet Drive-In, which hosts a flea market on weekend days (508-349-7176, wellfleetcinemas.com).

By day, the Dolphin Fleet Whale Watch leads excursions out to sea (\$39, 800-826-9300, whalewatch.com). Or you can bounce around Provincetown's sand dunes in a truck with Art's Dune Tour (\$26, 800-894-1951, artsdunetours.com).

If you really enjoy nightlife, vibrant (and gay-friendly) Provincetown has a main strip with eclectic

shops, restaurants and performance venues that is constantly bustling.

STAY If you want to stay near the bike path and the beach in Wellfleet, rent a cottage or a room at the Even'Tide Resort Motel and Cottages (from \$75, 800-368-0007, eventidemotel.com). SIDE TRIPS

GETTING THERE You can take a passenger ferry to either island from Hyannis on Hy-line Cruises.

Round-trip summer fares cost \$43 (508-693-0112, hylinecruises.com; there also are ferries from Wood's Hole, 508-548-5011, islandferry.com).

(800-627-2763, marthasvineyardbike.com).

Martha's Vineyard and Nantucket

WHY GO These islands are filled with serene beaches and charming main streets. One of the best ways to traverse Martha's Vineyard is on a bike. Rent one at Vineyard Bike Rentals in Edgartown

nantucketbikeshop.com). The island is marked by stellar beaches and dunes - if you have kids in tow, head to the aptly named Children's Beach, which has calm waters, a playground and a snack bar. For more sophisticated eats, chow down on oysters on the half shell at Rope Walk (508-228-

Nantucket is also ideal for bikers (rent at the Nantucket Bike Shop, 800-770-3088,

8886, theropewalk.com). RENTING A HOUSE Although there are inns and hotels around Cape Cod, many vacationers rent homes. For this summer, there is still a wide variety of homes available for rent - from small Capes to larger beach

homes. Rentals are typically scheduled by the week, from Saturday to Saturday. Longer periods are

four-bedroom home close to the beach.

WHAT IT COSTS Weekly prices range from around \$1,000 for a smaller two-bedroom cottage to \$2,000 and up for a

THINGS TO LOOK FOR

available.

When picking out a house, make sure it has amenities that are important to you, such as an outdoor shower, proximity to the beach and shops, a deck or grill.

Since it tends to get cooler at night, many homes on the Cape don't have air conditioning - so be

FINDING A RENTAL

* capecodrentals.com

* capecodvacation.com

sure to ask if it's important to you.

Many Cape Cod real estate offices have rental listings, but many people book through these popular regional Web sites:

* weneedavacation.com READER'S PICK

Yarmouth Port and Dennis

For our family, this is one of the most beautiful areas of the Cape. There are beautiful old captains' houses and other historic homes in Yarmouth Port and Dennis on Route 6A.

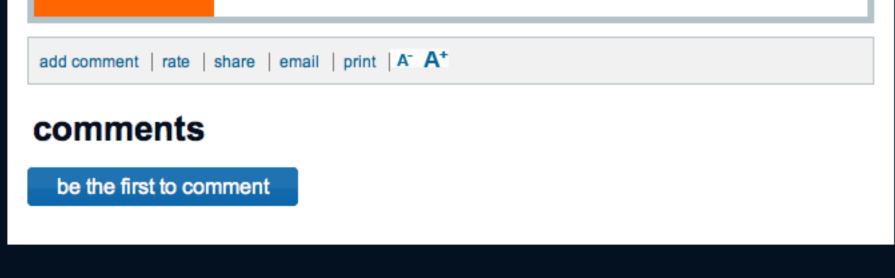
Captain Frosty's has the best fish-and-chips platter anywhere - it can get busy, so be prepared to

hallets.com). In Dennis, Mayflower Beach has been our family's favorite beach for over a decade. --

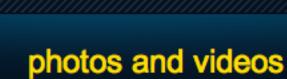
wait (508-385-8548, captain frosty.com). Hallet's is an original ice cream shop (508-362-3362,

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