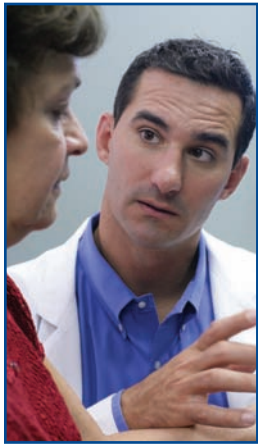


## Meet the Team Leader



**Dr. Barry J. Henry** graduated from LSU School of Medicine in New Orleans. He completed his residency at Texas Tech Health Science Center in Lubbock, TX in the Sports Medicine Program. He is a board certified orthopedic surgeon as well as one of the few orthopedic surgeons in Louisiana to be certified in sports medicine as well.

Dr. Henry specializes in out-patient and in-patient joint replacement and work/sports injury surgeries. His specialties also include non-surgical care of injuries and rehabilitation.

In September of 2000, he opened his current practice with the goal of offering the people of Acadiana a unique combination of philosophy and medicine, resulting in the highest quality orthopedic care in the region. Dr. Henry has a special connection to all his patients, especially injured athletes and those hoping to maintain an active lifestyle. He is also active on staff at the River Ranch City Club where he promotes healthy and active lifestyles as a fitness consultant.



For more information on Dr. Henry's unique approach to orthopedic care or to schedule an appointment, call **(337) 235.BONE (2663)** or visit [www.henryortho.com](http://www.henryortho.com)

## Mission Statement

Today people have more opportunities than ever to be active and healthier at any age. Sadly, injuries to hands, feet, legs and joints can bring an abrupt halt to work and recreational activities.

Dr. Barry Henry, an athlete and cancer survivor himself, knows that his patients, both adults and children, want to maintain their active lifestyle. Dr. Henry is passionate about providing the highest quality of care available in the Acadiana area. He specializes in sports and work-related injuries and treats all patients with individual care they deserve. Dr. Henry uses a team approach and his goal is to develop a treatment plan that gets people "back in action" as soon as possible.

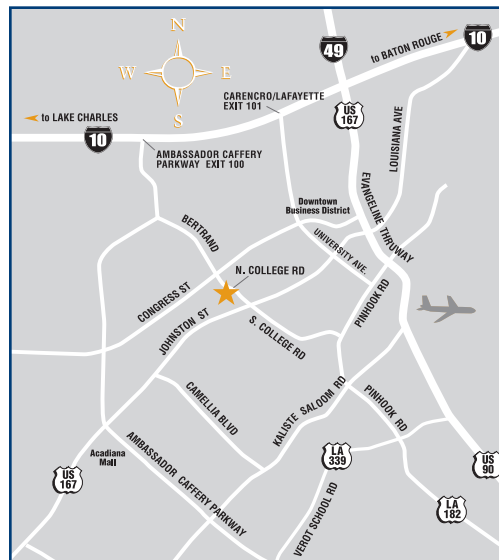


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Delivering Excellence in  
**Joint Repair,  
Reconstruction  
and Rehabilitation**

Knee and hip pain can deprive many people of the normal activities of daily living. Simple pleasures become difficult, if not impossible. Diet, exercise and medications may help alleviate the pain and discomfort. When they no longer work, it may be time to consider joint replacement surgery.

## The Team Henry Approach



True to his athletic background, **Dr. Henry** has assembled a skilled healthcare team driven by the desire to serve patients and make people better. The team offers a unique approach to traditional treatment, combining athletics, orthopedics, rehabilitation, physiology and exercise to improve quality of life.

Over the years, this philosophy has helped many patients get back to work, activities and regain their normal lifestyle. In some cases, serious athletes even improve race times and training performance.

## Personalized Treatment

Not all patients react the same way to the same injury, which is why Dr. Henry treats each patient on a personal level to prescribe the best path to heal their specific injury. Ultimately, the main goal is to leave each patient rehabilitated and with a plan to remain as healthy as possible throughout the rest of his or her life.

Dr. Henry seeks the most effective treatment for each individual, whether the solution is physical therapy or other non-invasive techniques. If surgery is necessary, Dr. Henry is a board certified orthopaedic surgeon who delivers the highest level of care available. Should the injury need special care, Dr. Henry has developed a strong referral network to ensure his patients are treated by an appropriate specialist when necessary.

## A Comfortable, Caring Environment

Proper patient care begins with an environment that promotes healing. We provide our patients spacious, clean exam rooms combined with modern equipment and in-house x-ray capabilities. We also, have reasonable fees and appointment times and make every attempt to work with your schedule. Our goal is to allot time every work day for call-in, immediate-needs visits.

Dr. Henry's team always strives to provide as much direct communication regarding pertinent test results, financial concerns and surgery scheduling. A positive office experience is the first step in getting you back to normal and we're dedicated to providing you that environment every day.

*"Dr. Henry is a good listener and was able to explain my diagnosis in a way that I could understand. He has given me a new outlook on life. He is truly an inspiration.*

*As for the staff, they were friendly and took time to answer all my questions. They were able to work around my difficult schedule and called me back the same day. Thanks for everything you do."*



## Henry Performance Lab

Dr. Henry is a Health & Fitness Instructor, certified through the American College of Sports Medicine. He has also developed the **HENRY Performance Lab (HPL)**, a program that allows patients both injured or healthy, to gauge their optimal training zone. The HPL consists of a battery of tests that pinpoint patients' optimal training zones and teaches ways to monitor intensity levels during exercise or workouts for maximum effectiveness. For patients needing surgery, the Performance Lab can also help them increase their strength, prepare for the operation and ultimately experience a quicker recovery.