



Gourmet India's Nashua location sits at the front of Sun Plaza opposite from the Pheasant Lane Mall and has been welcoming customers since September of 2011.

Gourmet India

By DONNA W. MARTIN Progress Writer

Gourmet India is a 17-year-old casual dining establishment with four successful locations throughout the Boston region. And now, they've arrived in Nashua to delight the community with the same perfected-over-time recipes which have established Gourmet India as a premier provider of Indian cuisine. "Since we opened a few months ago, the response has been great. However, it appears that many people still don't know we're here in Nashua so we're trying to get the word out however we can," says Vijay Sood, the restaurant's owner.

Similar to a Chipotle restaurant, Gourmet India offers quick, casual dining based on freshly prepared North Indian cuisine. Comparable to a sit-down restaurant, but at a fraction of the cost, the extensive menu of approximately 20 Indian entrees offers variety for vegetarians and non-vegetarians alike. Freshly baked breads round out the meal which, for many in Nashua, is their first foray into delicious nutritious Indian cuisine. In fact, if you are

wondering if you will like Indian cuisine, Gourmet India invites you to try a sample before you buy. Some very popular dishes include vegetarian Saag Paneer and Channa Masala, non-vegetarian Chicken Tikka Masala, cream-based Chicken Korma, and for those who like something a bit spicier, Chicken Vindaloo. The restaurant's quick casual dining environment also makes it ideal for families with young children.

No time to dine-in at Gourmet India? Take out is a popular choice for busy families. There is no need to call ahead; simply drop by at your convenience, and Gourmet India's friendly staff will attend to your order quickly and help you select from their variety of options.

Gourmet India's all-you-can-eat buffet is available from 11:00 am to 3:00 pm daily. Employees of BAE, Nabisco, Dell, Hewlett Packard, Lockheed Martin, Oracle, and Staples receive a 10% discount...bring your employee ID! If you'd like to arrange for a 10% discount for employees of your company, Gourmet India



Photos by JODIE ANDRUSKEVICH

Shown standing alongside the buffet table of her Nashua location, Vijay Sood began Gourmet India in 1995 and during the last 17 years has built her business to five locations.

welcomes your inquiry.

Since 1997, Gourmet India has offered professional catering for wedding receptions, anniversary parties, graduation parties, religious events, and office parties, among others. If you are looking for something different and exciting for your next event, please contact Gourmet India to discuss flexible menu options customized to your preferences. Gourmet India also provide catering services to more than two dozen upscale hotels, including the Sheraton, Marriott, Hilton, and Westin. If you are planning an event, they can help you select from the variety of

venues in the region based on their experiences. Lastly, they also deliver authentic Indian cuisine to nearly 30 corporate cafeterias through partnerships with Sodexo and Compass Group.

Coming soon...Gourmet India's beer and wine license! Enjoy a cold beer or luscious glass of wine with your Indian meal.

For more information, please visit www.gourmet-india.com or call 603-897-0064.