# WHAT'S YOUR FLU IQ?

Being informed is your first line of defense against influenza viruses. Test your knowledge of flu facts vs. flu fiction with this quick quiz.



#### As long as you get vaccinated, you won't get the flu.

### FALSE.

It's possible to get sick with the flu even if you have been vaccinated, so take everyday preventive actions to stop the spread of germs. These include avoiding close contact with sick people; washing hands often with soap and water; not touching your eyes, nose, or mouth; and frequently cleaning and disinfecting common surfaces and objects. Most seasonal flu activity typically occurs between October and May.

### TRUE.

The seasonal flu is active during fall and spring, although it commonly peaks in the U.S. between December and February.

Fever is a tell-tale sign of the flu.



People may be infected with the flu and have respiratory symptoms without a fever. You won't know for sure unless you see a doctor.

The doctor can give you a prescription for medication to treat your illness.

## TRUE.

Certain prescription medications can make the illness milder and shorten the time you are sick.

To learn more about flu symptoms, visit: FLUFACTS.COM

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